



navitas

your guide for growth

PRESENTS

ENGAGING LEADERSHIP WITH POSITIVE PSYCHOLOGY

Welcoming speech by
Demet Uyar

Founder of Navitas, Executive
Coach, PCC & Trainer



A Program of New Century College and
The Mason Institute for Leadership Excellence
George Mason University
01 - 02 JUNE 2011 / Point Hotel TAKSİM

This program is grounded in positive psychology and strengths-based volitional development and is designed to develop engaging and generative leadership. Engaging leaders build positive emotions, energy, and relationships and consciously shape positive organization cultures. Generative leaders enable others to engage and align their strengths of character and capacity in an open environment of positive energy to achieve a shared purpose, enhance well being and improve individual and organizational performance. Participants will understand that effective development is strengths-based, systemic, conscious, continuous, purpose driven and transformational. Program principles are grounded in Science & Research.

Agenda: 01 June 2011

- 08:30 - 09:00 Registration
- 09:00 - 09:15 Welcoming Speech by Demet Uyar

CREATING POSITIVE EXPECTATIONS&ORGANIZATIONS

- 09:15-10:15 Understand the logic, practice, and effectiveness, of volitional development and the ineffectiveness of traditional deficit organizational and personal development.
- 10:15-11:15 Enable positive organization with an understanding of how positive emotion transforms. Shape positive organizational cultures through alignment and congruence
- 11:15-11:30 Coffee Break
- 11:30-12:30 Build resilience using cognitive-behavioral tools shown to help people buffer against what's not good and get more of what is good.
- 12:30-13:30 Lunch
- 13:30-15:00 Transcend the beliefs of the stress response and have a neuro-biological understanding of this process.
- 15:00-15:15 Coffee Break
- 15:15-17:00 Create positive energy which builds resources & broadens minds.

Agenda: 02 June 2011

DEVELOPING TO STRENGTH TO LEAD & LIVE POSITIVE CHANGE

- 09:00 - 10:30 Understand the importance of aligning strengths (Character, Personality, Talents, Beliefs, Values, Motivation, Knowledge, Skill and Experience), context (Situation, Circumstances, Culture) and expectations (of self and others).
- 10:30 - 10:45 COFFEE BREAK
- 10:45 - 12:15 Create a shared language and accountability.
- 12:15 - 13:15 LUNCH BREAK
- 13:15 - 14:45 Create generative leadership by activating authenticity, integrity, gratitude, and trust.
- 14:45 - 15:00 COFFEE BREAK
- 15:00 - 16:30 Build high quality connections. Take inspired action.
- 16:30 - 17:00 CERTIFICATE CEREMONY

Participations from the same company

	1	2 or more
Early Bird	680 Euro	650 Euro
Regular Participation Fee	750 Euro	720 Euro

Early Bird registration is applicable only between April 1 - April 29, 2011.
Fees are per person and VAT (18 %) is not included.
No refund will be issued for cancellations after May 1, 2011.
The first 10 participants will receive a free autographed copy of Demet Uyar's new coaching book.
10 % discount will be issued in Navitas Coaching Programs for companies who participate in this leadership program.

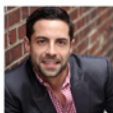


FRAN NURTHERN Director of the Mason Institute for Leadership Excellence.

Fran is responsible for Institute planning, strategic development, marketing, instructor support, program development and evaluation. Fran's passion and life work focus is strength-based leadership development. He is the former Chief of Human Resources Development for the 36 thousand person U.S. Army Corps of Engineers. In this Army major command level position, Fran was responsible for organizational and individual development and played a leadership role in the Corps' transformation to a strength-based learning organization. Fran was considered by many as key agent for strategic organizational change, both in the Corps and across the Federal government.

Since leaving the Corps of Engineers, Fran has pursued his leadership passion in several venues. These included appointment as Director of Federal Leadership Programs for the Academy of Leadership at the University of Maryland; Senior Fellow at the University of Maryland's Robert H. Smith School of Business in the Office of Executive Education; and currently as Director of the Mason Institute for Leadership Excellence at George Mason University's New Century College.

Fran is also a leadership development advisor and has consulted to several organizations including the Chicago Organization, the Positive Psychology Center at the University of Pennsylvania, the Administrative Office of the United States Courts and Operational Research Consultants Inc. In addition to his work with the Mason Institute for Leadership Excellence, Fran is also consulting, and serves as strength coach, to a leading environmental restoration company, Weston Solutions Inc. He also partners with, and consults to, George Mason University's Center for Consciousness and Transformation. As the Institute's Director and private consultant Fran brings a strengths and systemic focus to his leadership development work. His consultancy integrates strengths awareness, positive psychology, appreciative inquiry and strategic development.



LOUIS ALLORO Change Agent, Coach, Connector, Facilitator

Louis Alloro is a change-agent whose background and training places him at the intersection of Education (teaching & learning) and Positive Psychology (the science of optimal functioning, success, and happiness). As one of the first hundred people in the world to earn a degree in Applied Positive Psychology at the University of Pennsylvania, Louis had the privilege of working with Dr. Martin Seligman, former president of the American Psychological Association, known for his landmark research first in learned helplessness and then, learned optimism. Other innovative thinkers he studied included Barb Fredrickson (Positive Emotions), Chris Peterson (Virtue, character, and strength), and Mihaly Csikszentmihalyi (Flow).

Louis' graduate research at the University of Pennsylvania melded Positive Psychology with social construction theory, the idea that reality is whatever we create, into a framework called Social-Emotional Leadership designed to help systemic positive change within organizations or communities. The theory is that Social-Emotional Leaders already exist within our networks. Once they're found and leveraged, they can be called to act in helping design the prototype which will enable and sustain the positive social and cultural change we're after. Louis writes about Social-Emotional Leadership and other topics related to the application of Positive Psychology regularly on his blog and on Positive Psychology News Daily. Today, Louis works with individuals and organizations of all kinds in facilitating positive growth. He is frequently invited to speak at organizational, community, academic or trade events on topics pertaining to Positive Psychology, wellness, success, happiness and leadership. He runs the NYC Positive Psychology Forum and partners with George Mason University's Center for Consciousness and Transformation on a community change initiative in Cleveland, Ohio.